

Rossendale Refugee Support Group

Registered charity number 1204240 www.rrsg.co.uk 07350 986104 contact.rrsg@gmail.com c/o Haslingden Community Link, Bury Road, Haslingden BB4 5PG

Rossendale Leisure Trust Passes

Each month we can apply for some free Rossendale Leisure Trust passes. These last one month. They are only for people who are seeking asylum and who have not yet been given refugee status (or other leave to remain). There are only a limited number available each month.

The passes can be used at these Rossendale Leisure Trust facilities

- The Adrenaline Centre, Haslingden BB4 4DN.
- Marl Pits, Rawtenstall BB4 7SN.
- The Pioneer Centre, Bacup OL13 OBW.

The passes are valid between 7.30am an 4.30pm. They allow anyone over age14 to use the gym, attend exercise classes or use the swimming pool at Marl Pits. Younger children can use gym and swimming pool. (The pass doesn't cover the climbing wall). There is more information here: https://rltrust.co.uk

Gym pass etiquette

To help keep the gym safe and welcoming for everyone, please follow these important rules:

- 1. Always be respectful to gym staff and other gym users.
- 2. Do not stare at or follow women in the gym.
- 3. Do not try to talk to female staff after their shift or outside the gym.
- 4. Never ask any staff for massages.
- 5. Wear proper shoes (trainers) at all times no bare feet on the machines
- 6. Only use your own pass. Do not use someone else's pass. Do not lend yours to anyone.
- 7. Please note: Cameras are in place at the gym to monitor activity.
- 8. Use machines correctly and safely.
- 9. Clean equipment after use.
- 10. Be polite, wait your turn, and keep noise low.

Let's all work together to make a positive impact and show the community how respectful and responsible refugees and asylum seekers can be.

Getting a pass







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- 1. **Request a first pass**. You need to attend an RRSG Wednesday morning drop-in (Haslingden Community Link, Bury Road, Haslingden, BB4 5PG).
- 2. **Collect your pass**. Passes are usually ready from the 1st day of the next month. You can collect your pass at any Rossendale Leisure Trust leisure centre reception. You will need to give your name and date of birth and say that there is a pass waiting for you. If there is a problem, make sure that there is no mistake in how your name Is written. If there is still a problem, contact Raslan, Alison or Liz.
- 3. Your pass lasts for **one month** only.
- 4. You can request another pass when you have had one previously. You can request a new pass if you are still an asylum seeker (but not if you have leave to remain). To request a new pass, you will need to follow instructions that will be put on the RRSG WhatsApp information group. Usually you will need to attend the Wednesday drop-in session on a specific date.

Sadly, there are not enough passes for everyone who wants one. Priority will be to people who have never had a pass previously, and to those who have used their pass frequently.

If you are granted refugee status or other leave to remain, unfortunately you can no longer have a free pass.



